



Healthy food made FUN!
Learn about nutrition while
making yummy snacks!

Kids Garden & Café

For Elementary Students (1st-4th grades)

Classes are 3:30 -- 4:30 PM
on the last Monday of every month September through April,
except December.

Dates:

2018

Sept. 24

Oct. 29

Nov. 26

2019

Jan. 28

Feb. 25

March 25

April 29



Located at:
Sacred Heart School Gym
540 N. 31 St.

To sign up contact Janet
Buck, Registered Dietitian
janet.buck@mtko.org
or 402-477-4116

